

GESAC GROUP EXERCISE ANZAC DAY PUBLIC HOLIDAY TIMETABLE

Saturday 25 April 2026

Bookings required via member portal

STUDIO WONDER	
1.30pm	Dance
4.00pm	Virtual Body Pump
5.00pm	Virtual Core

STUDIO TWO	
1.15pm	Mobilise

REFORMER	
1.30pm	Progression
2.30pm	Progression
3.30pm	Foundation

THE BIKE LAB	
4.00pm	Virtual RPM
5.00pm	Virtual Sprint

GLEN EIRA SPORTS AND AQUATIC CENTRE
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