



GLEN EIRA LEISURE COVID-19 SAFE PLAN

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Introduction

The COVID-19 Safe Plan has been developed to reduce the risk of introduction and spread of COVID-19 within the workplace. This plan outlines the safety requirements that must be followed when entering any GEL facilities and operates in conjunction with the GECC COVID-19 Safe Plan.

Aims and Objectives

The primary objective of this COVID-19 Safe Plan is to provide a system and resources to effectively operate the GEL facilities whilst ensuring all enjoy and safe aquatic and recreation environment.

The following aims of the COVID-19 Safe Plan are:

- To ensure a structured approach to the COVID-19 Guidelines
- Minimise the risk of contracting COVID-19
- To provide comprehensive procedures to ensure all staff and facility users are aware of changes made to service delivery

About COVID-19

Declared a worldwide pandemic by the World Health Organization, Coronavirus (COVID-19) is an infectious virus caused by a newly discovered coronavirus.

Most people infected with COVID-19 virus will experience mild to moderate respiratory symptoms and recover without any treatment; however, there are a number of vulnerable groups such as those with a pre-existing medical condition and older adults that are more likely to develop a more serious illness.

Symptoms

Symptoms of COVID-19 can vary from person to person with varying levels of severity.

The common symptoms of COVID-19 may include:

- Fever
- Coughing
- Sore Throat
- Shortness of Breath

Other symptoms:

- Runny nose or congestion
- Headache or fatigue
- Muscle or joint pains
- Nausea or loss of appetite
- Diarrhea or Vomiting
- Temporary loss of smell or altered sense of taste

COVID-19 Safe Measures

Hygiene Measures

To reduce the risk of cross-contamination, all facility users and staff must practise good hand hygiene before all contact with others, and after any activity or contact that could result in hands becoming contaminated.

Hand washing should be undertaken for a minimum of 20 seconds. Wash the whole of each hand, covering all areas with liquid soap before washing with water. If hand washing is not practical, alcohol-based hand sanitiser containing at least 60 per cent ethanol or 70 per cent iso-propanol is recommended.

Hand Sanitiser stations can be located throughout the facility for easy access.

Physical Distancing

Physical distancing is a key measure taken to prevent the spread of COVID-19 as the most common way the virus spreads is from person-to-person through direct and close contact.

As per the Australian Government Department of Health recommendations a distance of 1.5m is to be maintained between people where possible. All physical contact should be avoided.

Floor markings are located on the floor to assist users maintain 1.5m.

Cleaning Requirements

Cleaning and disinfecting the GEL Facilities is a keyway to protect staff and facility users from the risk of COVID-19 exposure.

Facility Cleaning

Staff members are required to clean throughout there shifts as per there allocated roles. Cleaning is also completed by the Contract Cleaning team during the day and after hours.

Facility Users Cleaning Responsibilities

Facility users will be responsible for assisting maintaining a clean facility.

Other than following the hygiene requirements of the facility, patrons will be expected to wipe lockers after use, use towels in the steam and sauna as well as wipe down equipment on completion of use.

Indoor Air Quality

The GESAC HVAC Systems fresh air intake has been increased, more a larger amount of fresh air to circulate throughout the facility.

Air purifiers can be found throughout the facility.

Staff Requirements

Any staff that are a household contact must not return to work or use the facilities for 7 days.

Resources

Department of Health and Human Services:

<https://www.coronavirus.vic.gov.au/>

Victorian Government:

<https://www.coronavirus.vic.gov.au/coronavirus-covidsafe-settings>

Federal Government:

<https://www.australia.gov.au/>

SafeWork Australia Guidance Material

<https://www.safeworkaustralia.gov.au/collection/COVID-19-resource-kit?tab=All>

Victorian Government Face Mask Information

<https://www.coronavirus.vic.gov.au/face-masks>