

CRC GROUP EXERCISE CLASSES

EASTER WEEKEND PUBLIC HOLIDAY TIMETABLE

Friday 3 April - Monday 6 April 2026

STUDIO ONE				
	FRIDAY 3 APRIL	SATURDAY 4 APRIL	SUNDAY 5 APRIL	MONDAY 6 APRIL
8.30am	CLOSED GOOD FRIDAY	BodyPump	Body Step	Barre/Pilates
9.30am		Zumba	Yoga	Dance

BIKE LAB				
	FRIDAY 3 APRIL	SATURDAY 4 APRIL	SUNDAY 5 APRIL	MONDAY 6 APRIL
8.30am	CLOSED GOOD FRIDAY	Virtual RPM	Virtual RPM	Virtual RPM
9.30am		Virtual RPM	Virtual RPM	Virtual RPM

REFORMER				
	FRIDAY 3 APRIL	SATURDAY 4 APRIL	SUNDAY 5 APRIL	MONDAY 6 APRIL
9.30am	CLOSED GOOD FRIDAY	Progression	Progression	Foundation
10.30am		Foundation	Foundation	Progression

GLEN EIRA SPORTS AND AQUATIC CENTRE
 200 East Boundary Road, Bentleigh East | 9575 7100
 CAULFIELD RECREATION CENTRE
 6 Maple Street, Caulfield | 9575 7100
 CARNEGIE MEMORIAL SWIMMING POOL
 Koornang Park, Moira Ave, Carnegie | 9575 7100

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