

CRC GROUP FITNESS MELBOURNE CUP DAY PUBLIC HOLIDAY TIMETABLE TUESDAY 4 NOVEMBER 2025

REFORMER		CYCLE STUDIO	
	TUESDAY 4 NOV		TUESDAY 4 NOV
8.30am	Foundation	8.30am	Virtual RPM
9.30am	Progression	9.30am	Virtual RPM

STUDIO 1	
	TUESDAY 4 NOV
8.30am	Body Pump
9.30am	Activate
10.30am	Beginners Yoga

GLEN EIRA SPORTS AND AQUATIC CENTRE
200 East Boundary Road, Bentleigh East | 9575 7100
CAULFIELD RECREATION CENTRE
6 Maple Street, Caulfield | 9575 7100
CARNEGIE MEMORIAL SWIMMING POOL
Koornang Park, Moira Ave, Carnegie | 9575 7100

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