

GESAC GROUP FITNESS ANZAC DAY PUBLIC HOLIDAY TIMETABLE

Thursday 25 April

Bookings required via member portal

STUDIO WONDER

1.30pm	Virtual BodyPump
2.30pm	Virtual BodyAttack
3.30pm	Virtual BodyCombat
4.30pm	Virtual BodyPump

STUDIO TWO

1.30pm	Virtual Body Balance
2.30pm	Virtual Core
3.30pm	Virtual Yoga

REFORMER

1.15pm	Advanced
2.15pm	Progression
3.15pm	Progression

THE BIKE LAB

1.30pm	Virtual RPM
2.30pm	Virtual The Trip
3.30pm	Virtual Sprint
4.30pm	Virtual RPM

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