OFFICIAL

Student Swim Ability Declaration

Student Name: _____ Grade: _____

School: _____ Program Date: _____

Does your child attend the GESAC Swim School? Member # _____

Please read each level carefully and tick whether your child is **either beginner, intermediate or advanced.**

Beginner

Tick here ☐

Level 1

- Face in & bubbles
- Aided back float
- Aided front float



Level 2

- Back float
- Front float
- Torpedo 3m



Level 3

- Backstroke kick 5m
- Torpedo 8m with breath
- Freestyle arms with board 8m



Level 4

- Backstroke with board 8m
- Freestyle 8m
- 3-arm breathing with board



Level 5

- Freestyle with 3-arm breathing 8m
- Survival backstroke kick 8m



Intermediate

Tick here ☐

Level 6

- Backstroke 15m, freestyle 15m
- Breaststroke kick with board, butterfly kick 8m



Level 7

- Backstroke 25m
- Freestyle 25m
- Breaststroke glide 15m
- Butterfly 8m



Advanced

Tick here ☐

Level 8

- Backstroke 50m
- Freestyle 50m
- Breaststroke glide 25m
- Butterfly 15m



Level 9

- Freestyle, backstroke, breaststroke and butterfly progression



Parent Name: _____ ***Signature:*** _____

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